

## WHY UNIVERSAL HOME VISITING?

<p><b>A healthy baby!</b></p> 	<p><b>Self-empowerment</b></p> 
<p><b>Social Support</b></p> 	<p><b>Parenting Confidence</b></p> 
<p><b>Education &amp; Knowledge</b></p> 	<p><b>Decrease Preterm Deliveries</b></p> 
<p><b>Decrease Low Birth Weight Babies</b></p> 	<p><b>Encourage Healthy Pregnancies</b></p> 

revised Oct. 2023

## WHO DO WE SERVE?

Sedgwick County residents who are:

- Pregnant
- Caregivers
- Infants (birth to 6 months)



Sedgwick County Health Department  
**HEALTHY BABIES**



# Universal Home Visiting

Encouraging a Healthy Pregnancy for Healthier Babies, Caregivers, and Communities

# 316-660-7433

## HOW DO YOU SIGN UP?

Use the QR Code to complete a survey on your phone.



Complete a phone self-referral by dialing (316) 660-7433.

In person at 1900 E. 9th St. N., Wichita, KS 67214.

Email [healthy.babies@sedgwick.gov](mailto:healthy.babies@sedgwick.gov)



Sedgwick County Health Department  
**HEALTHY BABIES**  
Universal Home Visiting

-  1900 E. 9th St. N., Wichita, KS 67214
-  316-660-7433
-  316-941-5022
-  [healthy.babies@sedgwick.gov](mailto:healthy.babies@sedgwick.gov)
-  [sedgwickcounty.org](http://sedgwickcounty.org)

This resource is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$753,078 with 0% financed with non-governmental sources. Produced through the full or partial support of the Kansas Department of Health and Environment (KDHE). The content of this publication may not necessarily reflect the views of KDHE.



## WHAT IS UNIVERSAL HOME VISITING?

Universal Home Visiting is an educational home visitation program that provides prenatal and postpartum support to caregivers and their families in Sedgwick County with no out of pocket expense to participants. Registered nurses and community liaisons provide education and family support through home and office visits.



## HOW DOES IT WORK?

Primary caregivers enrolled in the program will receive at least one prenatal and postpartum visit. On average, these visits take about an hour.

- The prenatal visit includes valuable education about preparing for a baby, including health and safety information. Time is set aside for questions.
- On the “Welcome Home” postpartum check, a registered nurse will check on the new baby’s vitals and wellness and provide information on infant development and preventive programs.

Universal Home Visiting services have been shown to increase the likelihood of access to early and comprehensive services before, during, and after pregnancy.

Sedgwick County Health Department

## HEALTHY BABIES PROGRAM

<b>Assessment &amp; Referrals</b> 	<b>Education</b> 	<b>Support</b> 
<b>Increased Knowledge</b> 	<b>Medical Home</b> 	
<b>Improved Maternal Health</b> 	<b>Improved Birth Outcomes</b> 	

## WHAT EDUCATIONAL TOPICS DO THEY COVER?

- Preterm labor signs/symptoms
- Family planning
- Breastfeeding
- Safe sleep
- Infant growth/development
- Labor and delivery
- Parenting skills
- Car seat safety
- Immunizations
- STDs
- Effects of substance abuse on pregnancy